

Meal times are Access

REQUEST A FEEDING EVALUATION IF

Your child struggles to chew or swallow. Food pools in the mouth or falls out. Your child gags or chokes frequently. There are swallow safety or aspiration concerns. Feeding difficulties limit participation in snack or lunch routines

FEEDING CAN IMPACT

Access to instruction. Participation in school meals. Safety. Social development. Regulation and focus. Health and growth

EVALUATION FOR FEEDING

You can request a feeding evaluation in writing. If the school refuses, ask for Prior Written Notice explaining the refusal. Speech-Language Pathologists (SLPs) and Occupational Therapists (OTs) can collaborate to assess and support feeding needs under IDEA when it impacts access to education.

SUPPLEMENTARY AIDES AND SERVICES

Adaptive Feeding Equipment. Seating & Positioning Supports. Adult Support During Meals. Environmental Supports. Extended time for meals. Visual supports for pacing

PARENT COUNSELING AND TRAINING

Training on Oral Motor Techniques. Safe spoon placement. Tongue positioning support. Strategies. to reduce overstuffing. Pacing cues. Recognizing swallow fatigue. Education on Sensory Processing. Understanding food texture aversion. How sensory input affects swallow. Transitioning between textures safely. Home Carryover Strategies. Aligning home and school feeding plans. Coordinating with outside therapists. Consistency of utensils and positioning. Safety Education. Signs of aspiration. When to stop feeding

HOW THIS LOOKS IN AN IEP

Feeding therapy doesn't always mean pulling a child out of class. Sometimes it means the right spoon. The right seat. The right supervision. The right data. The right training for the adults.



Need help? Reach out to
Howdy@risingstaradvocacy.com